The Early Detection of Type 2 Diabetes Using Machine Learning Algorithms

Shridha Rajeswar duPont Manual High School



Introduction

Type 2 Diabetes Pancreas doesn't produce sufficient amounts of insulin to regulate glucose / body is insulin-resistant → excess glucose in blood



Credit: fundacionarlosslim.org

Context

380 million people live with Type 2 Diabetes on a **daily basis**

Invasive/Inaccurate Current diagnosis equipment often produce **false results** (false "positives" and "negatives")

Machine Learning

- ML enables machines to perform tasks with artificial intelligence
- Multiple types for different purposes
 - K-Nearest Neighbors (KNN)
 - Logistic Regression (LR)
 - Decision Tree (DT)
- Input: diabetic parameter
- Output: diabetic condition



K-Nearest Neighbors

- Used for classification and regression problems
- Behaves like humans; affected by parameters that have neighboring or close values
 - Data classified into different categories based on proximity to one another
- Components folds and nearest neighbors





Credit: www.researchgate.net

b

Logistic Regression

- Used for **regression problems**
- Uses sigmoid and similar functions to the ones in Artificial Neural Networks; works in two different phases (training and testing)
 - Multiple functions carried out to produce output value from input values
- Components learning rate and iterations/epochs



Credit: fusionanalysticsworld.com

Decision Tree

- Used for classification and regression problems
- Behaves like a tree; continually splits nodes at different levels to categorize input and branches off when close to predicting outputs
 - Gini index determines quality of split to ensure that outputs are accurate
- Components maximum depth and minimum number of samples for node splitting



Credit: mediumcom

Engineering Goal

Create **three** different types of ML algorithms that **successfully** predict binary outputs indicating a patient's diabetic condition based on given input values

- Independent variables: **differs** for each ML algorithm type
- Dependent variables: accuracy rates
- Constant variables: folds (excluding KNN)



Methodology (KNN)

1. Calculate **Euclidean Distance**

Calculate **distance** between two rows in training dataset using *euclidean_distance()* function (d(x, y) =sqrt $((x_1 - y_1)^2 - (x_2 - y_2)^2))$ 2. Derive Nearest Neighbors

a. Calculate **distance** between newly entered input and other training data input values

b. Compile top *K value* (nearest neighbors) based on the magnitude of the distances 3. Predict **outputs** for testing dataset

Calculate outputs for testing dataset using the K value from the training dataset and the max() function

Methodology (LR)

1. Develop **Predicting Function**

2. Predict **coefficients**

Create simple framework of predicting function using sigmoid function, weights, and biases

Costs present

a. Predict values for the coefficients of weights
and biases using
random math function

b. Check values for costs/errors using stochastic gradient descent 3. Predict **outputs** for testing dataset

Calculate outputs for testing dataset using the coefficients of weights and biases from the training dataset

Costs absent

Methodology (DT)



Results (Figure 1)





Results (Figure 2)



Results (Figure 3)



Results (Figure 4)



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Calculate outputs for testing dataset using the coefficients of weights and biases from the training dataset

Costs absent

Methodology (DT)



Results (Figure 1)





Results (Figure 2)



Results (Figure 3)



Results (Figure 4)



Trends

Logistic Regression was the most accurate of all the programs overall (78.04%) KNN: Most accurate experimental group had **5 folds**; most accurate program had **15 nearest neighbors** (**75.82%**)

LR: Most accurate experimental group had 0.3 learning rate; most accurate program had same performance (78.04%) DT: Most accurate experimental group had max. depth of 4; most accurate program had same performance (74.38%)

Data Analysis

Comparison (1 vs. 2)	Mean 1	Mean 2	Variance 1	Variance 2	T-value (observed)	T-value (0.005 level)	Hypothesis
5 folds vs 10 folds (KNN)	74.51	72.98	1.903	2.642	1.243	9.925	Null accepted
0.3 learning rate vs. 5 folds	78.04	74.51	0	1.903	4.432	9.925	Null accepted
5 folds vs maximum depth of 4	74.51	74.38	1.903	0	0.1632	9.925	Null accepted
0.3 learning rate vs maximum depth of 4	78.04	74.38	0	0			Inconclusive (no variation)

Figure 5

- **Multiple paired t-tests** were conducted for statistical significance
 - All alternate hypotheses were rejected; the null hypotheses were accepted
 - Test with highest average accuracy rates of LR and KNN algorithms had most significance (4.432)
 - T-value was **undefined** for **LR and DT algorithms** as both had **no variation** in accuracy rates when changing their respective variables

Conclusion



Goal achieved All the three ML algorithms

successfully predicted outputs

Ideal KNN programs Middle range of nearest neighbors, less folds

Ideal LT programs Middle range of learning rate, iterations have **no effect**

Ideal DT programs Middle range of max. depth, min. samples for node splitting has no effect

Future Recommendations

Hardware Implementation

Machine Learning algorithms could be implemented **in sensory detection hardware prototypes** to test **practicality** and other forms of **effectiveness**

Testing other ML Algorithms

More types of Machine Learning algorithms (Naive Bayes, Support Vector Machines, etc.) and independent variables could be tested to improve accuracy rates

Acknowledgements

I would like to acknowledge my teacher, **Ms. Kathy Fries** and the website Machine Learning Mastery by **Mr. Jason Brownlee**. Ms. Fries helped me in researching a topic that was both enriching and suitable for me. The website by Mr. Brownlee had many useful resources for coding ML algorithms in Python, and some of the complex machine learning concepts were broken down into simpler and more understable information.

Visuals of Code (KNN)

```
# Load a CSV file
def load csv(filename):
        dataset = list()
        with open(filename, 'r') as file:
                csv reader = reader(file)
                for row in csv reader:
                        if not row:
                                 continue
                        dataset.append(row)
        return dataset
# Convert string column to float
def str column to float(dataset, column):
        for row in dataset:
                row[column] = float(row[column].strip())
# Convert string column to integer
def str column to int(dataset, column):
        class values = [row[column] for row in dataset]
        unique = set(class values)
        lookup = dict()
        for i, value in enumerate(unique):
                lookup[value] = i
                print('[\$s] \Rightarrow \$d' \$ (value, i))
        for row in dataset:
                row[column] = lookup[row[column]]
        return lookup
```

```
# Find the min and max values for each column
def dataset_minmax(dataset):
    minmax = list()
    for i in range(len(dataset[0])):
        col_values = [row[i] for row in dataset]
        value_min = min(col_values)
        value_max = max(col_values)
        minmax.append([value_min, value_max])
    return minmax
```

```
# Rescale dataset columns to the range 0-1
def normalize_dataset(dataset, minmax):
    for row in dataset:
        for i in range(len(row)):
            row[i] = (row[i] - minmax[i][0]) / (minmax[i][1] - minmax[i][0])
```

```
# Calculate the Euclidean distance between two vectors
def euclidean_distance(row1, row2):
    distance = 0.0
    for i in range(len(row1)-1):
        distance += (row1[i] - row2[i])**2
    return sqrt(distance)
```

```
# Locate the most similar neighbors
def get_neighbors(train, test_row, num_neighbors):
    distances = list()
    for train_row in train:
        dist = euclidean_distance(test_row, train_row)
        distances.append((train_row, dist))
    distances.sort(key=lambda tup: tup[1])
    neighbors = list()
    for i in range(num_neighbors):
        neighbors.append(distances[i][0])
    return neighbors
```

Visuals of Code (KNN)

```
# Make a prediction with neighbors
def predict classification(train, test row, num neighbors):
        neighbors = get neighbors(train, test row, num neighbors)
        output values = [row[-1] for row in neighbors]
        prediction = max(set(output values), key=output values.count)
        return prediction
# Make a prediction with KNN on Diabetes Dataset
filename = 'data.csv'
dataset = load csv(filename)
for i in range(len(dataset[0])-1):
        str column to float(dataset, i)
# convert class column to integers
str column to int(dataset, len(dataset[0])-1)
# define model parameter
num neighbors = 5
# define a new record
row = [120, 74, 10, 0, 64.9, 0.15, 35]
# predict the label
label = predict classification(dataset, row, num neighbors)
print('Data=%s, Predicted: %s' % (row, label))
```

Visuals of Code (LR)

```
# Make a prediction with coefficients
def predict(row, coefficients):
        yhat = coefficients[0]
        for i in range(len(row)-1):
                yhat += coefficients[i + 1] * row[i]
        return 1.0 / (1.0 + exp(-yhat))
# Estimate logistic regression coefficients using stochastic gradient descent
def coefficients sqd(train, 1 rate, n epoch):
        coef = [0.0 for i in range(len(train[0]))]
        for epoch in range (n epoch) :
                sum error = 0
                for row in train:
                        yhat = predict(row, coef)
                        error = row[-1] - yhat
                        sum error += error**2
                        coef[0] = coef[0] + 1 rate * error * yhat * (1.0 - yhat)
                        for i in range(len(row)-1):
                                coef[i + 1] = coef[i + 1] + 1 rate * error * yhat * (1.0 - yhat) * row[i]
                print('>epoch=%d, lrate=%.3f, error=%.3f' % (epoch, 1 rate, sum error))
        return coef
```

Visuals of Code (LR)

```
# Make a prediction
from math import exp
# Make a prediction with coefficients
def predict(row, coefficients):
        yhat = coefficients[0]
        for i in range(len(row)-1):
                yhat += coefficients[i + 1] * row[i]
        return 1.0 / (1.0 + exp(-yhat))
# test predictions
dataset = [
[2.7810836,2.550537003,0],
        [1.465489372,2.362125076,0],
        [3.396561688,4.400293529,0],
        [1.38807019,1.850220317,0],
        [3.06407232,3.005305973,0],
        [7.627531214,2.759262235,1],
        [5.332441248,2.088626775,1]
coef = [-1.5495305815023432, 2.6929943470390043, -3.9818757514207848]
for row in dataset:
        yhat = predict(row, coef)
        print("Expected=%.3f, Predicted=%.3f [%d]" % (row[-1], yhat, round(yhat)))
```

```
Split a dataset based on an attribute and an attribute value
def test split(index, value, dataset):
        left, right = list(), list()
        for row in dataset:
                if row[index] < value:</pre>
                        left.append(row)
                else:
                        right.append(row)
        return left, right
# Calculate the Gini index for a split dataset
def gini index(groups, classes):
        # count all samples at split point
        n instances = float(sum([len(group) for group in groups]))
        # sum weighted Gini index for each group
        qini = 0.0
        for group in groups:
                size = float(len(group))
                # avoid divide by zero
                if size == 0:
                        continue
                score = 0.0
                # score the group based on the score for each class
                for class val in classes:
                        p = [row[-1] for row in group].count(class val) / size
                        score += p * p
                # weight the group score by its relative size
                gini += (1.0 - score) * (size / n instances)
        return gini
```

```
# Select the best split point for a dataset
def get_split(dataset):
    class_values = list(set(row[-1] for row in dataset))
    b_index, b_value, b_score, b_groups = 999, 999, 999, None
    for index in range(len(dataset[0])-1):
        for row in dataset:
            groups = test_split(index, row[index], dataset)
            gini = gini_index(groups, class_values)
            if gini < b_score:
                  b_index, b_value, b_score, b_groups = index, row[index], gini, groups
    return {'index':b_index, 'value':b_value, 'groups':b_groups}
# Create a terminal node value
def to_terminal(group):
    outcomes = [row[-1] for row in group]
    return max(set(outcomes), key=outcomes.count)
```

```
# Create child splits for a node or make terminal
def split(node, max depth, min size, depth):
       left, right = node['groups']
        del(node['groups'])
        # check for a no split
       if not left or not right:
                node['left'] = node['right'] = to terminal(left + right)
                return
        # check for max depth
        if depth >= max depth:
                node['left'], node['right'] = to terminal(left), to terminal(right)
                return
        # process left child
        if len(left) <= min size:</pre>
                node['left'] = to terminal(left)
        else:
                node['left'] = get split(left)
                split(node['left'], max depth, min size, depth+1)
        # process right child
        if len(right) <= min size:</pre>
                node['right'] = to terminal(right)
        else:
                node['right'] = get split(right)
                split(node['right'], max depth, min size, depth+1)
# Build a decision tree
def build tree(train, max depth, min size):
        root = get split(train)
        split(root, max depth, min size, 1)
        return root
```





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Figure 5

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                for row in csv reader:
                        if not row:
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                        dataset.append(row)
        return dataset
# Convert string column to float
def str column to float(dataset, column):
        for row in dataset:
                row[column] = float(row[column].strip())
# Convert string column to integer
def str column to int(dataset, column):
        class values = [row[column] for row in dataset]
        unique = set(class values)
        lookup = dict()
        for i, value in enumerate(unique):
                lookup[value] = i
                print('[\$s] \Rightarrow \$d' \$ (value, i))
        for row in dataset:
                row[column] = lookup[row[column]]
        return lookup
```

```
# Find the min and max values for each column
def dataset_minmax(dataset):
    minmax = list()
    for i in range(len(dataset[0])):
        col_values = [row[i] for row in dataset]
        value_min = min(col_values)
        value_max = max(col_values)
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    return minmax
```

```
# Rescale dataset columns to the range 0-1
def normalize_dataset(dataset, minmax):
    for row in dataset:
        for i in range(len(row)):
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                        error = row[-1] - yhat
                        sum error += error**2
                        coef[0] = coef[0] + 1 rate * error * yhat * (1.0 - yhat)
                        for i in range(len(row)-1):
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        return coef
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def gini index(groups, classes):
        # count all samples at split point
        n instances = float(sum([len(group) for group in groups]))
        # sum weighted Gini index for each group
        qini = 0.0
        for group in groups:
                size = float(len(group))
                # avoid divide by zero
                if size == 0:
                        continue
                score = 0.0
                # score the group based on the score for each class
                for class val in classes:
                        p = [row[-1] for row in group].count(class val) / size
                        score += p * p
                # weight the group score by its relative size
                gini += (1.0 - score) * (size / n instances)
        return gini
```

```
# Select the best split point for a dataset
def get_split(dataset):
    class_values = list(set(row[-1] for row in dataset))
    b_index, b_value, b_score, b_groups = 999, 999, 999, None
    for index in range(len(dataset[0])-1):
        for row in dataset:
            groups = test_split(index, row[index], dataset)
            gini = gini_index(groups, class_values)
            if gini < b_score:
                 b_index, b_value, b_score, b_groups = index, row[index], gini, groups
    return {'index':b_index, 'value':b_value, 'groups':b_groups}
# Create a terminal node value
def to_terminal(group):
    outcomes = [row[-1] for row in group]
    return max(set(outcomes), key=outcomes.count)
```

```
# Create child splits for a node or make terminal
def split(node, max depth, min size, depth):
       left, right = node['groups']
        del(node['groups'])
        # check for a no split
       if not left or not right:
                node['left'] = node['right'] = to terminal(left + right)
                return
        # check for max depth
        if depth >= max depth:
                node['left'], node['right'] = to terminal(left), to terminal(right)
                return
        # process left child
        if len(left) <= min size:</pre>
                node['left'] = to terminal(left)
        else:
                node['left'] = get split(left)
                split(node['left'], max depth, min size, depth+1)
        # process right child
        if len(right) <= min size:</pre>
                node['right'] = to terminal(right)
        else:
                node['right'] = get split(right)
                split(node['right'], max depth, min size, depth+1)
# Build a decision tree
def build tree(train, max depth, min size):
        root = get split(train)
        split(root, max depth, min size, 1)
        return root
```



