

## Calendar of Events

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- December 2, 2024  
- January 24, 2025
- Youth Indoor Training-Session I**  
**Cohasset Rec Center & SciCoh CrossFit**  
Weekly  
Frank Townsend,  
programdirector@rowcmi.org
- January 5, 2025
- Duxbury Rowing Tank Sunday**  
**DBMS Duxbury Bay Maritime School**  
**457 Washington St**  
**Duxbury, MA 02332**  
09:15 AM - 10:30 AM EST  
Frank Townsend,  
programdirector@rowcmi.org
- January 12, 2025
- Duxbury Rowing Tank Sunday**  
**DBMS Duxbury Bay Maritime School**  
**457 Washington St**  
**Duxbury, MA 02332**  
09:15 AM - 10:30 AM EST  
Frank Townsend,  
programdirector@rowcmi.org
- January 26, 2025
- Duxbury Rowing Tank Sunday**  
**DBMS Duxbury Bay Maritime School**  
**457 Washington St**  
**Duxbury, MA 02332**  
09:15 AM - 10:30 AM EST  
Frank Townsend,  
programdirector@rowcmi.org
- January 27, 2025
- Youth Winter Training II**  
Various M-Th  
Frank Townsend,  
programdirector@rowcmi.org
- January 27, 2025
- Adult Indoor Training- Session IV**  
Various Mon-Sun  
Laura Kennedy,  
administrator@rowcmi.org
- February 2, 2025
- Duxbury Rowing Tank Sunday**  
**DBMS Duxbury Bay Maritime School**  
**457 Washington St**  
**Duxbury, MA 02332**  
09:15 AM - 10:30 AM EST  
Frank Townsend,  
programdirector@rowcmi.org

February 9, 2025

**Duxbury Rowing Tank Sunday**  
**DBMS Duxbury Bay Maritime School**  
**457 Washington St**  
**Duxbury, MA 02332**  
09:15 AM - 10:30 AM EST  
Frank Townsend,  
programdirector@rowcmi.org